MY NURSE
Whitney
PRIVATE RN CARE MANAGEMENT

FOR YOU, FROM YOUR FAMILY

If your family gave you this, here's who I am.

I'm Whitney, a registered nurse. Your children want to help with your health care, and they live too far away to do it themselves. That's where I come in, but only if you want me to.



Whitney Treloar
MSN, RN, CCM

> "I'm not going to be some nurse just watching you. I'm partnering with you and your children, to keep an eye on your health and help you keep things straight."

You're in charge

Your decisions about your health stay yours. I won't tell your doctors or your family anything you haven't agreed to, and you decide what goes in the monthly update to your children.

How it works

We talk by phone or video, at times that suit you. I don't come to your home. If you'd rather start with a phone call, that's fine.

What I can help with

- Keeping your medications straight, and every doctor working from the same list
- Getting ready for appointments, and making sense of them afterwards
- Getting answers when a doctor's office is hard to reach
- Explaining test results and instructions in plain language

About me

I've been a nurse in hospitals, in patients' homes and on the phone, and I've taught nursing. I live in Jacksonville, Florida, and I'm licensed to work with you in 44 states.

Talk to me first

A short call, just you and me. Your children don't need to be on it.

(904) 901-0288 **whitney@mynursewhitney.com**
mynursewhitney.com/for-parents

Read more

In an emergency, call 911. My Nurse Whitney is a service of BAM Team Services LLC, 1048 Stark St, Jacksonville, FL 32208. Care coordination, health education and advocacy by phone and video. Not medical, legal or financial advice, and not an emergency service. No insurance or Medicare billing.